

EVERYDAY SELECTIONS

SALADS

Tossed Garden Salad
Congealed Salads
Spinach Salad
Marinated Fresh
Vegetables
Fruit Salads
Creamy Staws
& MUCH MORE!

ENTREES

*Seasoned Baked Chicken
Tender Roast Beef
Baked Fish Fillet
*Savory Baked Pit Ham
Fried Chicken Tenders

VEGETABLES

*Baked Potatoes & New Potatoes
*Fresh Mashed Potatoes
Escalloped Eggplant Casserole
Cheese and Macaroni
Fresh Candied Sweet Potatoes
*Sweet Yellow Corn
*Seasoned Green Beans
*Seasoned Turnip Greens

DAILY FEATURES

MONDAY

Country Fried Steak *Hand Breaded Fried Okra
Fried Chicken *Sautéed Seasonal Vegetables
Beef Liver & Onions *Basmati Rice
Fried Flounder *Pinto Beans
Beef Meatloaf with Tomato Sauce *Brussels Sprouts
Pepper Steak over Egg Noodles *Fresh Squash Medley
Chicken Croquet

TUESDAY

Fried Chicken Livers & Rice Fried Pickles
Italian Spaghetti *Lima Beans
*Oven Roasted BBQ Chicken *Great Northern Beans
Grilled Pork Chops *Basmati Rice
*Polish Sausage & Sauerkraut Jalapeño Cornbread Dressing
Fried Tilapia

WEDNESDAY

Country Fried Steak *Baked Apples
Turkey & Dressing *Seasoned Cabbage
Beef Liver & Onions *Basmati Rice
Chicken Tetrizzini *Black Eyed Peas
Fried Flounder *Whole Buttered Okra
Bacon Cheddar Chicken Breast Steamed Broccoli

THURSDAY

Our Famous Chicken & Dumplings *Hand Breaded Fried Okra
Grilled Salmon Patty *Lima Beans
Broccoli Cheese Chicken Breast *Basmati Rice
Fried Flounder *Brussels Sprouts
Grilled Chicken Breast Spinach Au Gratin
Stuffed Bell Peppers *Steamed Broccoli

FRIDAY

*Fried Catfish Special *Okra and Tomatoes
Country Fried Steak *Basmati Rice
Chicken Fried Chicken *Seasoned Carrots
*Grilled Salmon Fillet Stuffed Tomatoes
Beef Enchiladas *Seasoned Lima Beans
Fried Tilapia *Steamed Broccoli

SATURDAY

*Fried Catfish Special Broccoli Rice Casserole
Country Fried Steak *Basmati Rice
Bacon Cheddar Chicken Breast Seasoned Red Beans
Grilled Hamburger Steak & Onions *Seasoned Cabbage
Our Famous Chicken & Dumplings *Steamed Broccoli
Honey Glazed Stir Fry Chicken Oven Roasted New Potatoes

Sunday's menu is always a little different but you can always count on Turkey and Dressing, Country Fried Steak and Fried Chicken

Additional menu items available daily

*Gluten Free Item

Menu subject to availability

LITE PLATE: A reduced portion entree, two full portion sides and your choice of bread

VEGGIE/SALAD PLATE: Any combination of three sides and your choice of bread

And Fresh From Our In-House Bakeries:

White & Wheat Rolls, Biscuits, Garlic Toast & Hushpuppies **GLUTEN FREE:** Jalapeño & Cornbread Muffins & Corn Pones

Peach Cobbler Egg Custard Pie Karo Nut Pie Apple Pie Hot Custard or Banana Pudding

Coconut Cream Pie Cheesecake Brownie Pie Chocolate Pie and many others.

WE CATER! TAKE HOME MEALS BY THE PANS, QUARTS, OR SINGLE SERVINGS!

MARKET PLACE

11121 N. Rodney Parham

CURBSIDE TO GO!

501-225-4487

10:45 AM-8:00 PM EVERY DAY

REGIONS CENTER BLDG.

400 Broadway

501-372-1919

10:45 AM-2 PM MON. - FRI.

WE CATER!

"SACK IT" by *Frankie's*

400 Broadway

501-372-4177

7:00 AM-2:30 PM MON. - FRI.

www.frankescatereria.com