



WE CATER!

DOWNTOWN

372-1919

Arkansas's Oldest Restaurant
est. 1919

2018 Spring & Summer Menu

EVERYDAY SELECTIONS

SALADS

Tossed Garden Salad
Caesar Salad
Spinach Salad
Chef's Salad
Marinated Fresh Vegetables
Fruit Salads
Creamy Slaws & MORE!

ENTREES

*Seasoned Baked Chicken
*Savory Baked Pit Ham
Tender Roast Beef

VEGETABLES

*Fresh Mashed Potatoes
Escalloped Eggplant Casserole
Cheese and Macaroni
Fresh Candied Sweet Potatoes
*Seasoned Green Beans
*Seasoned Greens
*Baked Potato & New Potatoes

DAILY FEATURES

MONDAY

Chicken Tenders
Meatloaf
Seasoned Baked Fish
Bacon Cheddar Chicken Breast
Panko Breaded Tilapia
Seasoned Red Beans
*Steamed Basmati Rice
Fried Zucchini
*Fresh Seasoned Cabbage
*Broccoli & Carrots
(Cheese Sauce Available)

TUESDAY

Fried Chicken
Italian Spaghetti
Chef Special
Seasoned Baked Fish
Beef Liver with Sautéed Onions
*Oven Baked BBQ Chicken
*Hand Breaded Fried Okra
Broccoli Corn Bake
Chef Special
*Black Eyed Peas
*Brussels Sprouts

WEDNESDAY

Turkey and Dressing
Chopped Steak & Onions
Chicken Tenders
Seasoned Baked Fish
Panko Breaded Tilapia
Monterey Jack Chicken Breast
Creamed Corn
Spinach Au Gratin
*Fresh Seasoned Cabbage
*Seasoned White Beans
Fried Zucchini

THURSDAY

Our Famous Chicken & Dumplings
Enchilada
Fried Chicken Livers and Rice
Chicken Fried Chicken Breast
Fried Chicken
Seasoned Baked Fish
*Hand Breaded Fried Okra
Rice Pilaf
*Whole Buttered Okra
*Pinto Beans
*Squash Medley

FRIDAY

*Fried Catfish Special
*Polish Sausage & Sauerkraut
Grilled Salmon Patty
Fried Chicken Tenders
Special Entrée
*Fresh Seasoned Cabbage
*Sweet Yellow Corn
Seasoned Oven Roasted Potatoes
*Baby Lima Beans
Chef's Special

Additional menu items available daily

*Gluten Free

Menu subject to availability

LITE PLATE: A reduced portion entree, two full portion sides and your choice of bread

VEGGIE/SALAD PLATE: Any combination of three sides and your choice of bread

And Fresh From Our In-House Bakeries:

White & Wheat Rolls, Biscuits, Garlic Toast & Hushpuppies **GLUTEN FREE:** Jalapeño & Cornbread Muffins & Corn Pones

Peach Cobbler Egg Custard Pie Karo Nut Pie Apple Pie Hot Custard or Banana Pudding

Coconut Cream Pie Cheesecake Brownie Pie Chocolate Pie and many others.

WE CATER! TAKE HOME MEALS BY THE PANS, QUARTS, OR SINGLE SERVINGS!

REGIONS CENTER BLDG.
400 Broadway
501-372-1919

10:45 AM-2 PM MON. - FRI.

www.frankescafeteria.com

"SACK IT" by *Frankie's*
400 Broadway
501-372-4177

7:00 AM-2:30 PM MON. - FRI.

WE CATER!

MARKET PLACE
11121 N. Rodney Parham
CURBSIDE TO GO!

501-225-4487

10:45 AM-8:00 PM EVERY DAY