



WE CATER!

DOWNTOWN

372-1919

Arkansas's Oldest Restaurant
est. 1919

2016 Spring & Summer Menu

EVERYDAY SELECTIONS

SALADS

Tossed Garden Salad
Caesar Salad
Spinach Salad
Chef's Salad
Marinated Fresh Vegetables
Fruit Salads
Creamy Slaws & *MORE!*

ENTREES

*Seasoned Baked Chicken
*Savory Baked Pit Ham
Tender Roast Beef

VEGETABLES

*Fresh Mashed Potatoes
Escalloped Eggplant Casserole
Cheese and Macaroni
Fresh Candied Sweet Potatoes
*Seasoned Green Beans
*Seasoned Greens
*Baked Potato & New Potatoes

DAILY FEATURES

MONDAY

Chicken Tenders
Pepper Steak on Rice
Seasoned Baked Fish
Chicken Croquets
Panko Breaded Tilapia
Seasoned Red Beans
*Steamed Basmati Rice
Fried Zucchini
*Fresh Seasoned Cabbage
*Broccoli & Carrots
(Cheese Sauce Available)

TUESDAY

Fried Chicken
Italian Spaghetti
Parmesan Chicken Breast
Seasoned Baked Fish
Beef Liver with Sautéed Onions
*Oven Baked BBQ Chicken
*Hand Breaded Fried Okra
Broccoli Corn Bake
Twice Baked Potato
*Black Eyed Peas
*Brussels Sprouts

WEDNESDAY

Turkey and Dressing
Beef Steak & Mushroom Sauce
Chicken Tenders
Seasoned Baked Fish
Panko Breaded Tilapia
Stuffed Bell Pepper
Creamed Corn
Spinach Au Gratin
*Fresh Seasoned Cabbage
*Seasoned White Beans
Fried Zucchini

THURSDAY

Our Famous Chicken & Dumplings
Enchilada
Fried Chicken Livers and Rice
Bacon & Cheddar Chicken Breast
Fried Chicken
Seasoned Baked Fish
*Hand Breaded Fried Okra
Rice Pilaf
Chef's Choice
*Pinto Beans
*Southern Baked Squash

FRIDAY

*Fried Catfish Special
*Polish Sausage & Sauerkraut
Grilled Salmon Patty
Fried Chicken Tenders
Special Entrée
*Fresh Seasoned Cabbage
*Sweet Yellow Corn
Seasoned Oven Roasted Potatoes
*Baby Lima Beans

Additional menu items available daily

*Gluten Free

Menu subject to availability

LITE PLATE: A reduced portion entree, two full portion sides and your choice of bread

VEGGIE/SALAD PLATE: Any combination of three sides and your choice of bread

And Fresh From Our In-House Bakeries:

White & Wheat Rolls, Biscuits, Garlic Toast & Hushpuppies **GLUTEN FREE:** Jalapeño & Cornbread Muffins & Corn Pones

Peach Cobbler Egg Custard Pie Karo Nut Pie Apple Pie Hot Custard or Banana Pudding

Coconut Cream Pie Cheesecake Brownie Pie Chocolate Pie *and many others.*

WE CATER! TAKE HOME MEALS BY THE PANS, QUARTS, OR SINGLE SERVINGS!

REGIONS CENTER BLDG.
400 Broadway
501-372-1919

10:45 AM-2 PM MON. - FRI.

www.frankescafeateria.com

"SACK IT" by *Frankie's*
400 Broadway
501-372-4177

7:00 AM-2:30 PM MON. - FRI.

WE CATER!

MARKET PLACE
11121 N. Rodney Parham
CURBSIDE TO GO!
501-225-4487

10:45 AM-8:00 PM EVERY DAY